

# Your family

urban parents' guide

## Family Day fun

FEBRUARY 11TH A BONUS FOR KIDS AND PARENTS

COMPILED BY HELEN PETERSON



**N**ext weekend is a long one. That's right, there are now three days of off-time to fill this February. Not that anyone's complaining. Your local community centre has activities galore. Plus, there's the International Boat Show at BC Place / Granville Island to float ye'r boat.

Check out some neat things to do with the extra time on Monday Feb. 11... and enjoy your Family Day!

Family Day at **Van Dusen Botanical Garden** features an HSBC Family Program, Super Survivors, for families with children ages 5 to 11. Could your family survive winter using only the plants around you? Play the Survivor Game and learn about the many amazing uses of

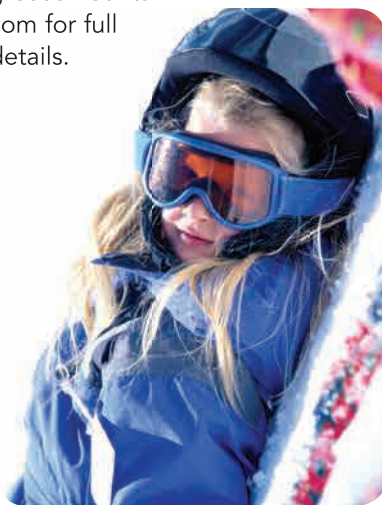
our native plants. Plus, everyone will create a camouflage creature to take home. One session only: 10:30 a.m. to noon. Rates: Member family, \$15; Non-member family, \$25 (includes admission to the Garden). Pre-registration required by calling 604-718-5898.

**Pear Tree Education Inc.** offers a wide variety of fun and educational Workshops, Field Trips, as well as its After-School Courses for kids (and some even for the whole family.)

The next Pro-D Day Camp falls on Feb. 11 and is called Science Fun. Join in a day of science experiments as participants practice being real scientists by carrying out the scientific method. You'll even be able to take some of your science

experiments home with you. Go to [www.pear-tree.ca](http://www.pear-tree.ca) or call 604-355-2155; 215-2678 West Broadway.

**Grouse Mountain** will be a hub of activity celebrating our province's first ever Family Day on Feb. 11, with 50 per cent off lift tickets and Alpine Experience admission tickets for B.C. residents! Guests are also invited to take part in a fun range of family friendly activities both on and off the slopes. Family Day at Grouse Mountain begins with a tasty Pancake Breakfast before jumping on the Skyride. The fun includes family photo opportunities, a snow painting station, scavenger hunts and a puck shoot out. Go to [grousemountain.com](http://grousemountain.com) for full details.



### FREE FAMILY DAY AT THE Y!

The YMCA is committed to helping families live healthier, happier lives—together. That's why, in support of BC's first ever Family Day on February 11th, the YMCA is opening its doors to families so they can be active together!

Visit any YMCA membership centre in Greater Vancouver for a free fun-filled day. Come and see why families have called the YMCA their second home for over 125 years.

Detailed activities taking place between 10 a.m. and 3 p.m. include:

- Langara Family YMCA**  
(282 West 49th Avenue, Vancouver)
- Brunch (10:30 a.m. – 1:00 p.m.)
  - Family Gym time (10:00 a.m. – 3:00 p.m.)
  - Family Swim (11:00 a.m. – 3:00 p.m.)
  - Bouncy Castle fun (10:30 a.m. – 3:00 p.m.)

- Robert Lee YMCA**  
(955 Burrard Street, Vancouver)
- Brunch (10:30 a.m. – 1:00 p.m.)
  - Family Gym & Bouncy Castle time (10:00 a.m. – 3:00 p.m.)
  - Family Swim (10:00 a.m. – 3:00 p.m.)
  - Family Fitness Class (TBD)
  - Family Play Time (10:00 a.m. – 3:00 p.m.)

For more event information, and details about other Y locations in the Lower Mainland, visit [vanymca.org](http://vanymca.org).



## HAPPY BIRTHDAY to all these FEBRUARY kids!

### Birthday club winner

**Koshielia Velarde turns 8 on February 28**

- February 3  
**Anjali Grewal 2**
- February 5  
**Anna Kirkby 7**
- February 7  
**Jaden Rida 11**

- February 19  
**Myles Tan 4**
- February 20  
**Sarah Boey 6**
- February 25  
**Tyson Swenor 5**



We'll publish your birthday for **FREE** on the month of your birthday on our special birthday page plus you're entered into the monthly prize draw sponsored by H.R MACMILLIAN SPACE CENTRE

**Email us** your name, phone # and the name & birth date of the child celebrating the birthday. And if you choose to add a photo, email that too! (You will be charged \$9.95 for photo publication.)

**Email:** [jstafford@vancourier.com](mailto:jstafford@vancourier.com) (deadline is Friday, February 25th). Next Birthday Club publishes on Friday, March 1st.